CLARKE COLLEGE ARCHIVES

'Tis the season to be jostled

by Rebecca Noll & Barb Tucker

'Tis 12 days before Christmas and all through the stores, the shoppers are stirring, listen to them roar...and push and shove and yell and complain.

You've decided that it's finally time to start your Christmas shopping and you have a list already made: 12 rolls of wrapping paper, 11 packs of batteries, 10 yards of garland, nine quarters for the bell ringers, eight rolls of film, seven boxes of candy canes, six McDonald gift certificates, five strands of lights, four bags of bows, three cartons of egg nog, two boxes of Christmas cards and one Christmas tree.

You grab your coat, mittens and earmuffs and head outside. Whoa! It's cold! The temperature change from 97.3° F in your dorm room, to -20° F outside, has sent your body into shock.

Once you're safely inside your car you crank up the heat and wait 10 minutes for your frozen nose hairs to thaw. If you're lucky your car will make it out of the snow and ice covered pit on the first try.

After battling stupid drivers on the streets of Dubuque, you finally arrive at the entrance of the store's parking lot. With a sigh, you begin mission "impossible," finding a parking spot. The only space you find, after searching 20 minutes, is the second to last opening at the far end of the lot. "Why don't stores have valet parking?" you mumble to yourself.

Breathing deeply, you start your trek to the doors. Shifting your glance away from the bell ringer, you creep through the door only to be greeted by mass hysteria.

All the shopping carts are gone except for one that is ice-cold, rusty and has wobbly wheels. You grab the cart, lower your head, and with determination in your eyes and a charge card in your pocket, you take off for what used to be the toy department; now known as the war zone.

Children are screaming and parents are fighting tooth-and-nail for the last Rollerblading Baby on the shelf. "What do you mean it won't be in before Christmas?" is heard in the distance. Deciding to retreat while your life is still intact, you scurry off to finish your Christmas shopping.

After playing bumper carts with half the store, you arrive at the checkout lane. Now you look for the shortest lane. When it is in your sight, you make a mad dash for it, only to be cut off by some lady pushing a cart overflowing with Barbie dolls, boardgames and Bart Simpson.

Of course the line you finally get into is the slowest. The man ahead of you complains about the price of a Babysitter Club Gift Set for $50. He claims the sign says $19.95.

Another 10 minutes pass. The woman who cut you off has already checked out and so have three other people behind her. It figures, you always pick the wrong lane.

After paying for everything, you load up your arms with packages to avoid taking the cart. Once outside, you lose your grip and everything falls into a puddle of dirty, wet slush. You think, "Great. What else could go wrong?" No problem. You just pick it up, throw it into the trunk and proceed to leave hell, vowing next year to complete your Christmas shopping in early June. Such is the life of a Christmas shopper.

Have a safe and enjoyable holiday. Remember to keep an eye to the sky for Rudolph and the gang because one year a grandma was run over by a reindeer.

Clarke Courier

Volume LXVIII | Issue 8 | Dubuque, Iowa | December 11, 1992

Recycling program returns to Clarke

by Nick Vannelli

Last year Clarke was able to recycle all of its office generated paper. Fax paper and Xerox sheets were all taken to Cycare Systems Inc., a local company that generates large amounts of paper waste. Cycare took Clarke's paper free of charge. Cycare would then bring all the waste paper to a company that bought it for use in recycled products.

However, "Cycare's receiver got saturated. There isn't enough demand for recycled products," said Brian Marceau, assistant director of publications at Clarke. "Cycare called and said they weren't going to be able to take our paper anymore. They couldn't get rid of their own."

A company called Environmental Recycling Corp. was contacted. The company was willing to buy Clarke's white paper; such as printer and copier paper. However, Environmental Recycling Corp. is also getting saturated.

"They are willing to take our white paper, but they aren't paying for it," said Marceau. "Environmental Recycling Corp. also takes colored paper, magazines and cardboard. It seems that we made it simple enough that people are eager and happy to support a program," said Marceau.

Fred Freebolin, director of the physical plant, is pleased with the outcome. "Environmental Recycling Corp. picks up the paper, which means we don't have to send anybody to drop it off. It also saves the college money in terms of trash removal bills," said Freebolin.

Freebolin is doing his part to increase the demand of paper products. He has put recycled paper towels and toilet paper in all the rest rooms on campus.

"I really hope that students get involved with recycling, both recycling their papers and buying products made from recycled paper," Freebolin said. Freebolin said there are several points on campus where students can drop off paper. These include the second floor of Eliza Kelly, in the library by the copy machine, in the Haas Administrative Office copy room and first floor Mary Josita Hall in the faculty copy room.

At the recycling drop-off points there are lists of what can be recycled and what can't. "In general, computer printer paper, copier paper, notebook filler and most other white paper can be recycled. If students have a question about what can be recycled I urge them to call me at extension 6492, or Fred at Extension 6326," Marceau said. "I also invite anyone who wishes to be part of the recycling committee to contact me."

Santa Claus: Man or myth?

by Carisa MacFarlane

It's that time of year again. A time of good cheer, eggnog, mistletoe, celebrating the truth of Christ and Santa Claus.

In this day and age Santa Claus is coming! So parents rush to spend a wad at the local retail stores. He has become a name engrained in our minds.

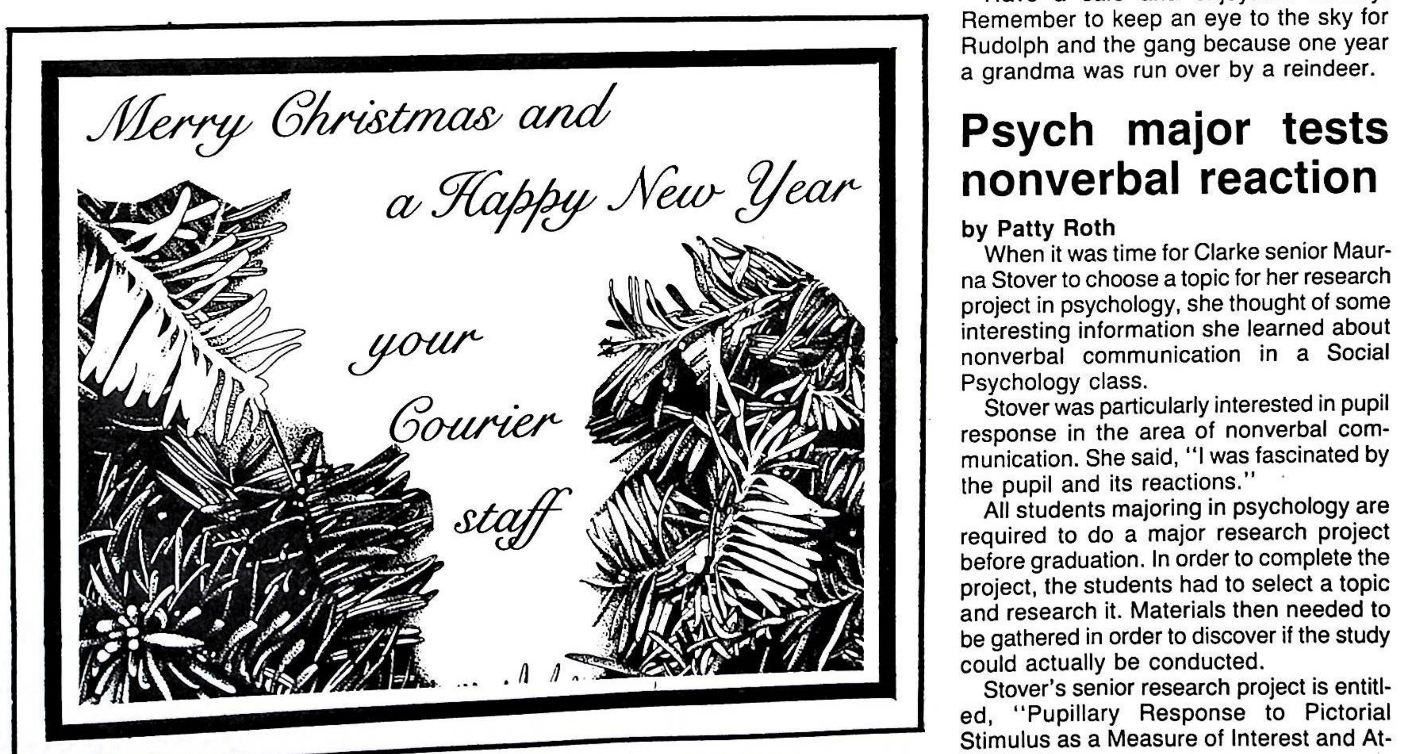
However, Santa Claus is derived from an ancient Bishop of Myra in the 300's; St. Nicholas. It is said that St. Nicholas went about at night and gave gifts to the needy. It wasn't until his death that he became popular throughout Europe.

The European custom of Santa Claus arrived in the United States through New Amsterdam, N.Y. by the Dutch settlers. Dutch children pronounced the dutch name for St. Nicholas, SinterKlaus. Santa Claus was soon derived from this name.

In 1809, Santa Claus' appearance changed from a tall thin man to a bigger man who traveled in a wagon. This version of Santa Claus dropped presents down the chimney as he rode over the tree tops. Clement C. Moore wrote his famous poem, "A Visit from St. Nicholas" (Twas the Night..), which describes Santa Claus more like we know him today.

During the late 1800's, Thomas Nast, a cartoonist, drew cartoons for The Harpers Weekly, and depicted Santa Claus as a jolly old man in a sleigh with reindeer.

Is there really a Santa Claus? Yes. He is in every person that exhibits the true spirit of Christmas; peace and giving to those who need. In today's society we need a spirit like Santa Claus brings us. So when a youngster looks up at you and asks if Santa Claus is real, say yes, and believe it.



Mitten Tree party a success

by Celeste Pechous

The true meaning of Christmas is volunteer and community services. Clarke College traditionally has provided services for the less privleged families in Dubuque.

The annual Mitten Tree party was put on by the Clarke Student Association. Letters were sent out to all the grade schools in Dubuque telling children about the party. It is a festival for the less fortunate. A lot of entertainment was provided at this party.

The Mitten Tree Party was held on Dec. 6 from 2-4 p.m. in the cafeteria. Children sang carols and played games. Other activities included a reading of, "A Night Before Christmas." At the end of the party, the children received mittens filled with suprises.

Antoine Jones was in charge of the party while Michele Miller, C.S.A. vice president, planned it. Michele said things went rally well and it was a big success. Miller sent out all the letters and made sure there was transportation. Jones and Miller thanked all those who helped out in making this Christmas a little more special.

Psych major tests nonverbal reaction

by Patty Roth

When it was time for Clarke senior Maurna Stover to choose a topic for her research project in psychology, she thought of some interesting information she learned about nonverbal communication in a Social Psychology class.

Stover was particularly interested in pupil response in the area of nonverbal communication. She said, "I was fascinated by the pupil and its reactions."

All students majoring in psychology are required to do a major research project before graduation. In order to complete the project, the students had to select a topic and research it. Materials then needed to be gathered in order to discover if the study could actually be conducted.

Stover's senior research project is entitled, "Pupillary Response to Pictorial Stimulus as a Measure of Interest and Attitudes."

Stover's project is based on a study done by Eckhard H. Hess, professor at the University of Chicago. Hess notices in the 1960's that a person's pupil changes as a person reacts to what they see. He proceeded to do a study using slides and how people reacted to them.

Stover did a similiar study but she is used more variables. For instance, Hess only used single and childless adults for his study. All of the people Stover used were parents, which made her study unique.

Stover used a series of 16 slides to conduct her study. Eight of the slides were out

Continued on page 4

Feature

Art therapy career goal of sophomore

by Patty Roth

Art therapy is an up-and-coming profession which deals with people who are effected by abuse or a handicap. Art therapy is the study of a person's behavior by evaluating art the individual has created. What the person puts down on paper, canvas or another medium often tells something about them and what they are feeling; whether it is pain, suffering, loneliness, happiness or joy.

At Clarke College, sophomore Tracy Willenborg is in the process of fulfilling her dream, which is to become an art therapist. Willenborg is an art education major who has set a goal to complete an undergraduate degree at Clarke College and then to go on for her master's degree, which would allow her to practice as an art therapist.

While a student at Dyersville High School, Willenborg did volunteer work at Progress Home for the handicapped. She found this type of work very rewarding and came to the realization that she was interested in doing something similar with children or the handicapped as a career.

It was difficult to determine what process should be followed since Willenborg was unaware of any schools except for several on the East Coast with programs focusing on art therapy. She checked out the types of classes which those school required of the program and began checking on schools in this region which would fulfill her needs, by offering art and psychology programs.

She discovered that Clarke College was a school which had a reputation as well-respected art school, with quality programs and good faculty/student relationships.

Although there was not a designated major program for art therapy at Clarke, Willenborg found that school officials were willing to help her establish course work which would provide her with a background in art therapy.

Although she takes over 18 credits per semester, Willenborg is on schedule to complete a Bachelor of Art's Degree, with a kindergarten through 12th grade teaching certificate, and minors in art education and psychology.

Some of the classes Willenborg currently is enrolled in are life drawing, painting psychology, and behavioral modification. Drawing in a dry medium or painting using oil, water colors and acrylics is her area of concentration.

Willenborg is unaware of any other students at Clarke pursuing a degree in art therapy.

After Willenborg graduates from Clarke College in the spring of 1995, she hopes to be accepted into a graduate school at the Art Institute of Chicago, University of Chicago or Loyola. All are prestigious schools with graduate programs in art therapy.

To pursue a masters degree in art therapy, Willenborg would be required to enroll in numerous psychology classes. The classes would focus on how to analyze the artist's work. A sample case study would be to give the children or handicapped a project and then to analyze their work. For example, abused children who can't talk about their feelings will express how they feel through art, since most children enjoy art.

Willenborg wants to work with children to get them to express their feelings through art. She understands that there will be a considerable amount of stress and some frustration in working with these individuals, because of the depression and limitations they face within their lives. But she is prepared for this type of work, and will enjoy making a positive impact on children and the handicapped.

After graduate school, Willenborg wants to find employment at an art therapy clinic. These clinics are quite often employed by hospitals and senior citizen homes.

Willenborg is not aware of any specially trained art therapists in this area. She would like to stay in the Midwest, but feels that the majority of art therapy jobs will be located on the East or West Coast.

Clarke Courier

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Sports

Women best men in early season basketball

by Gregg Scharnau and Timothy Kemp

A good start has the Clarke College Crusader women's basketball players and fans excited. Head Coach Lon Boike's 92-93 squad has jumped out to a 3-and-1 start in the early portion of the long season of hoop action.

"The great thing about the season so far for us is that we are off to a fine start, without playing the kind of basketball that we are capable of. So that is very encouraging," said Boike. "It may take a couple of weeks to get to the level of play that is more representative of our talent."

One factor that will definitely have an impact on the success of the team in the next couple of weeks is the rate at which all-conference/all-district performer Jennifer Brotzman's broken thumb heals. Brotzman sustained the injury during a team practice session on Nov. 30. "Although we hate to see one of our most valuable players go down with an injury, the timing of Jennifer's injury is actually pretty good. She'll be back by the time conference play begins," said Boike. "The doctors expect her to be healthy in four to five weeks."

The Crusaders, a young team with no seniors, has been playing very well as a team so far this season. A glance at the statistics reveals good offensive distribution among the 13 players. Brotzman leads the team in field goal percentages, shooting at a .516 clip, while blocking a team-high 5 shots.

Brotzman will obviously be missed, but the other Crusaders are more than up to picking up the slack.

Tina Kuhle is the team leader in scoring (14 points per game), while Angie Vodak has been a force under the boards, pulling down a team high of 10.3 rebounds per game. The Crusader free throw shooter, with the softest touch so far, is Laurie White; hitting close to 80 percent from the line.

Boike's younger players have been getting some quality minutes and the coach said that the trend will definitely continue. "Our first-year players will be getting more and more playing time. As the season progresses, we will rely more heavily on their output."

The Crusader's Dec. 5 contest at McCormick gymnasium featured a rematch against the University of Dubuque. Clarke won the first matchup between the two teams during the Dan Donovan Tournament. The Crusaders faced Trinity Christian Thursday, Dec. 10, and will face National Lewis Saturday, Dec. 12, to wrap up home games for 1992. The team will take a two week break, then will travel north to play in a St. Paul, Minn. tournament at the end of this month.

The only Crusader loss so far came in the Dan Donovan Tournament to Lake Forest. Boike said the loss affected the team positively.

Coach Boike's goal of attaining a playoff bid is still on his mind and he said, if the team stays focused, good things will happen. "If we play up to our potential, the sky is the limit."

Midwest Classic conference play begins Jan. 13 when Clarke hosts St. Ambrose.

The men's basketball team has started their season slowly. The team is currently 0-8, but has played tough competition so far. Recently, Clarke has played much better.

In the Dan Donovan tournament, at the University of Dubuque, the Crusaders dropped a game to conference rival St. Ambrose by only three points. In the latest NAIA division men's basketball poll, St. Ambrose was listed in the top 40 teams in the country. The Clarke squad played tough down to the wire, but a desperation three point shot at the buzzer by junior guard Marcus Taggart came up short.

In the consolation finals of the tournament, Clarke played the host Spartans. The Spartans held a slim, three point half-time lead. Clarke was outscored 6-4 in the over-time period and when a final shot by sophomore Derrick Booth missed, the game was over and the Crusaders dropped a heartbreaker 90-88.

In their most recent contest, Clarke lost to top ten ranked Eureka College of IL. Booth led the Crusaders with 17 points.

The team has been out rebounded in every game this season. Some of this has been due to past injuries on the team. Junior captain Jeff Osterberger was out for two games and is just beginning to get back into form. Freshman Luke Fedio was also injured for the last couple of games. In practices, head coach Ed Colbert and assistant Mike Duenser have been stressing rebounding. With such a young team it is difficult, but the team seems to show improvement.

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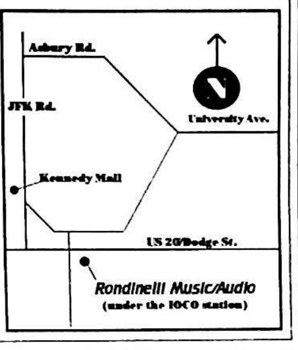

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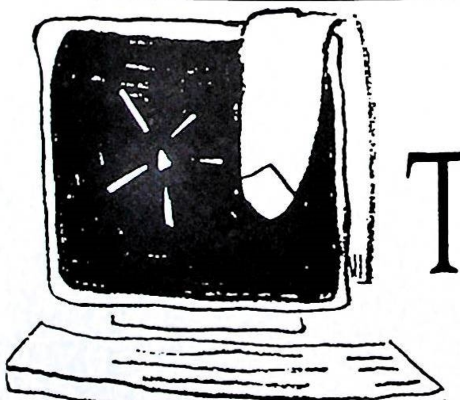

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...Psych testing

of focus and used as control slides. The remaining eight were pictures of things such as a mother and baby, landscapes, sharks and war scenes.

Stover's experiment required individuals to look through a facial apparatus, containing a mirror, with a camera attached to it. The person watches each slide for 10 seconds, while a picture of his/her face is projected onto a screen, wher Stover can measure the size of the pupil.

Stover found that the pupil's size varies with the interest value of the visual stimulus of the slides. She measured the correlation between emotional responses to certain aspects of a person's environment.

Stover used data from 32 individuals whose reactions were measured. She bar graphed the data and made tables of the results. Her results showed the relationship between pupil size and mental activity.

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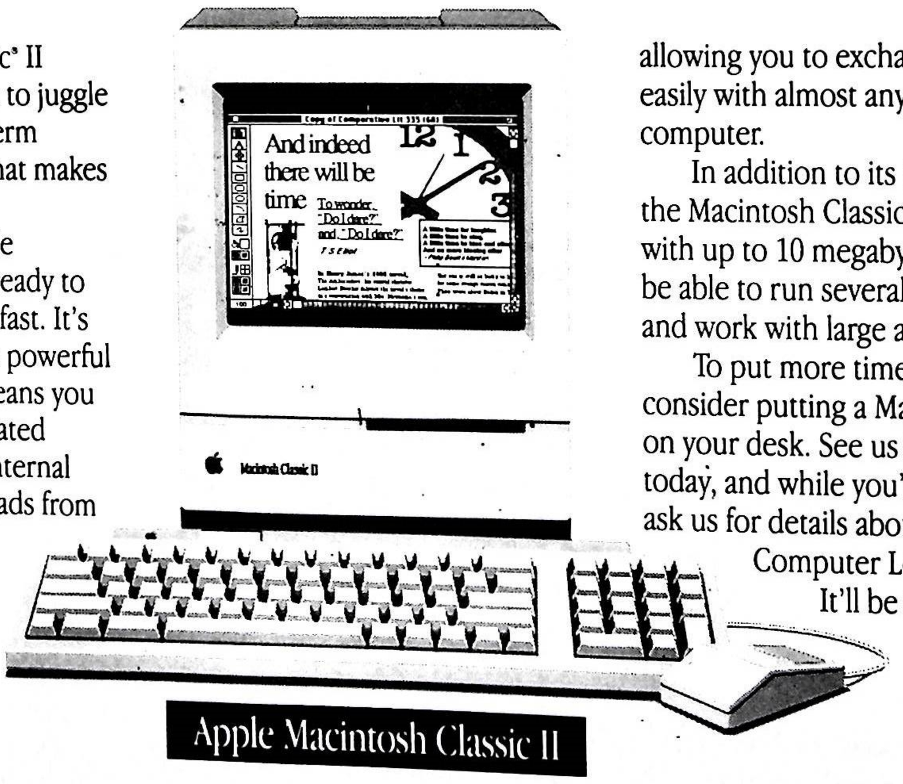

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